

Special points of interest:

- Daily Mass readings and Reflections
- Saints of this week
 - News
- Catholic Culture

Your Sunday Visitor

Why this Magazine? And why now?

Dear Reader,

Peace be with you and may the blessings of the Lord be rich towards you.



Uganda Youth Ministry Association (UYMA) has come up with an initiative of a weekly Magazine named Your

Sunday Visitor. This is another attempt to continue our mission to reach souls for the kingdom. Tell of God's goodness and His greatness. Tell them what's He's done for you, let them know he can do it for them too. Seize every opportunity to tell the world about Jesus. You don't need a team or a committee. It's good news, go ahead Spread It!

Another purpose of this Magazine is to enable us raise the funds we need to fulfill our new task. UYMA has committed itself to help towards the running of Home Sweet Orphanage in Masaka. This Orphanage was at risk of closing due to lack of resources.....

(This story continues on this page, next article)

News from Home Sweet Orphanage

.....When I read this sad news just before my wedding, I talked to my wife, Sarah, and asked her if we could go there and volunteer during our honeymoon. Meeting the kids was such a happy memory for us, but the imagination that they will soon be homeless was something we couldn't take in

to bear. Something needed to be done!

For two hours we were in a closed-door meeting with Mr. Robert, the founder of this facility, who showed us all his challenges, worries and concerns. Then what is the fate of these children if the Orphanage must

close? Are they going to the streets? Home Sweet has been their home for years now!

(Story continues on next page)

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The 4th Sunday of Easter

This is potentially a powerful week for entering into how available Jesus is for us. He promises to be with us, to make us one with Him, even to make His home in us. He promises to keep us safe and to bring us to our true home to be with Him forever. The opportunity we have this week is to accept this offer of deepening our relationship with our Lord. We accept it if we let His availability to us

seep more and more deeply into our consciousness each day. We do this by beginning each day focusing our first thoughts of the day in a simple recognition that we are not alone: **“Thank you for this day, Lord. I know you want to stay close to me, to guide me and support me today. I need some real strength and courage to face some of the challenges of this day. Help me to**

keep connecting with you throughout this day, to remember your presence and love.” This 20 second prayer will open our day to a Lord who invites us surrender our troubles to Him.



How can you be of help?

Ugandans can buy a copy of this Magazine at 2000/=. It will be available every Sunday at most churches in Kampala. Call or send us an email with a request to deliver your copy to a convenient address, and we will be able to do that.

Friends outside Uganda, make a commitment to give us a monthly

gift of at least \$20, and we will automatically sign up your email to receive this Magazine every Sunday.

Schools, Institutions, Convents, Monasteries, Parishes and any other communities can subscribe to receive several copies of this Magazine at a discount.

Advertise with us. The Magazine has potential to reach out to millions of readers, so you can be sure that your product/service will get attention.

Contacts us now:

Tel: +256-782-047809

Em: sbeingana@uyma.org



More about Home Sweet Orphanage

(.....from page 1) By the end of the meeting, we had agreed we can do something to save the situation. We prayed, **“Lord give us the grace to fulfill this commitment and provide for us what we can be able to offer to these children.”**

The idea of this Magazine came up immediately we were back home from the Orphanage. “Spiritual writing has been my favorite activity for 3 years now. Can what I write earn me a few dollars?” I thought to my self. I remembered attempting to write a weekly newsletter back in 2009, and this time

I was very determined to work on this project at least for the sake of the kids at Home Sweet. These good words came to me “Your Sunday Visitor”, and this is the magazine you are now reading. It will come to you promptly every Sunday and it will bless you all throughout the week.

May God Bless you and your families as you continue to read this Magazine. Remember to subscribe.

Yours in Christ,

Steven Godwin Beingana

Monday, 4th Week of Easter

Acts 11:1-18
Psalm 42:2-3; 43:3, 4
John 10:1-10 or, in Year A, John 10:11-18

In the Gospel we are given an image of God as a gate-keeper, whom we can trust to lead and guide us as we make our way through this life on earth. As Christians today, who are not privileged to actually live with Jesus, we are called "to get to know" the Son of God through the events re-

corded in the Gospels. We can take comfort in gaining insight, knowledge and direction by reading and reflecting upon the Gospels. By paying attention to what Jesus said and did while living on earth, we are given opportunities to grow in our understanding of who Jesus is and the lessons we can learn from Him. The life and lessons of Jesus come alive in the Gospel readings - it's up to each one of us to embrace,

to learn from and to live the Gospel messages of love, trust and faithfulness as Christians who may also be faced today with some uncertainty as to how Jesus, the Son of God, continues to shape our faith, our beliefs and our practices.



Jesus the Good Shepherd

Tuesday, 4th Week of Easter

Acts 11:19-26
Ps 87:1b-3, 4-5, 6-7
John 10:22-30

The challenge for most mainline Christians is not following Jesus. We've been taught pretty well about that. The challenge for us is recognizing Jesus' voice.

In Jesus' day, real sheep were in constant danger of being snatched away by thieves and wild animals.

So the assurance that the metaphorical sheep of Jesus' followers - us - will not be snatched away is powerful.

The implication that there are "snatchers" should not be overlooked. We face many real internal and external threats to our relationship with God. But **NOT** from God. We may screw up, be hurt, pain, but nothing will snatch us out of the caring, restoring, life-giving hand of God.

"My sheep hear my voice. I know them, and they follow me. I give them eternal life, and they will never perish."

Wednesday, 4th Week of Easter

Acts 12:24-13:5a
Psalm 67:2-3, 5, 6+8
John 12:44-50

John 12:44-50 is an interesting passage for many reasons. Jesus makes this speech immediately after seeing men cower in fear from the Pharisees, so as not to be thrown out of the temple. Law-making was

not one of their abilities, as the only One that could realistically install ordinances and rules was God. Nevertheless, they had assumed this power and now were one of the forces to reckon with as far as any Jew was concerned. What makes this passage interesting, however, is that Jesus brings back to

mind who He is, and establishes Himself higher than any man-made traditions or laws Jesus' commands that He spoke came from God, therefore we would be wise to heed them, Jesus being God Himself. What He says we must do, and this goes along with every doctrine that we have.

John 12:44-50

I know that his command leads to eternal life.

Marian Corner

On this space we want to focus on Mary and the Marian doctrines and devotions of the Catholic Church.

The Blessed Virgin Mary is so sweet, pure, loving and kind. She is also our beloved heavenly mother and a generous and powerful intercessor with God. Each one of us will love having her as our role model. Her perfect example can help us with our decisions, choices and goal, and in the formation of good

daughters as well as good sons. It can help guide our thoughts, actions, and even dress. Most likely having the Blessed Virgin Mary as our role model will also lead to a greater devotion to her and a wonderful boost in your spiritual life.

We are going into May, a month dedicated to Mary and the Rosary. Our focus during this month will be on the Rosary.

Watch this space for a weekly article about our Mother Mary.



Stories with Morals

At the end of World War II a group of soldiers offered to help the people of a destroyed village in any way they could. But instead of asking for food, money, or farm equipment, the townsmen asked for help in restoring a statue. For years their proudest possession

had been a statue of Christ in their own town square. Now it lay shattered into many pieces. Could the soldiers help put it together again? It was a difficult task, chips and pieces lay all over the square. Finally the statue was repaired except for two missing parts that

the soldiers could not find. Finished, they covered the statue with a silken parachute, so that it could be unveiled in a ceremony before the townspeople, even though it was incomplete. On the occasion the mayor of the town gave a speech and pulled the cord of the silken drape... It dropped from the statue, showing a Christ without hands. At first the townspeople were shocked. Then they looked down at a sign which the soldiers had put at the feet of the statue. It said: "I have no hands. Won't you please lend me yours?"...

Question of the week

Have Catholic questions? When you're a beginning Catholic, questions arise. Frequently. Too often, the answers aren't easy to find.

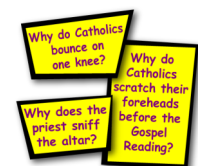
Most sources for questions & answers about Catholicism refer you to the *Catechism* or other Church documents for sources. This can be a problem for

those becoming Catholic: before accepting the authority of the Catholic Church, one doesn't see those sources as being authoritative! Even those who have been in the Catholic Church for long will have questions about the traditions and practices of their faith.

On this space, we will try to answer some of the questions that our readers may have about the Catholic faith. We will provide a well researched and approved answer to your question.

Send in your question to: sbeingana@uyma.org .

Have Catholic Questions?



"I am the way, and the truth, and the life; no one comes to the Father, but by me."



Thursday, 4th Week of Easter

1 Corinthians 15:1-8
Psalm 19:2-3, 4-5
John 14:6-14

We find that Jesus is clearly discussing the way a person can find union with God. There is no doubt that a person can find God the Father through Jesus Christ. We must go beyond this. He is the exclusive way. We might

fear there are not many roads, but why? If there is one well-marked road, is this not sufficient. Jesus is the Truth. He fully reveals the Lord's way and wonderfully enables us to be restored to it. Other religions are simply man's way of justifying their twisted lives. Only Christ leads back to

God the Father. Let us not be ashamed of the Truth. Only here will we find the glorious path to true freedom. He also is the Life. This Life was shown in Christ who healed the sick, cast out demons and rose men from the dead. The Life is the main operating energy source.

"Do not let your heart be troubled; believe in God, believe also in Me"

Friday, 4th Week of Easter

Acts 13:26-33
Ps 2:6-7, 8-9, 10-11ab
John 14:1-6

This is a very popular funeral reading taken from The Bible. The farther we travel down this road of life the greater is the realization that this is not our home—heaven is. The

disciples of Jesus had good reason to be "troubled" because as they reclined at the table a few moments earlier He spoke of the traitor in their midst, and His leaving them and going where they could not follow. Jesus saw in their faces that night confusion, hurt, disappointment, fear,

frustration and bewilderment. Their world was caving in around them like an earthquake. These are the words of the Good Shepherd comforting the hearts of His troubled sheep. "You believe in God, believe also in Me" is the revelation of His own heart to them.

Saturday, 4th Week of Easter

Acts 13:44-52
Ps 98:1, 2-3ab, 3cd-4
John 14:7-14
Jesus uses pretty deep talk of the Father in me and I in him, but for us the important thing is that Jesus shows us the Father in person; Jesus is love in human form. Some-

times we get too caught up in abstract thinking and miss the beauty of God's plan of salvation because we look for things that are not there. Man sinned in Adam; Jesus comes, out of love, to reconcile us to the Fa-

ther. He had no reason other than pure love for doing so. The plan of salvation is as simple as that and it is also as deep as that. In Jesus the fullness of the Godhead exists and he delights in being with us!!!!



"To have seen me is to have seen the Father."

Saint of the day; Monday: St. Pius V

Born at Bosco, near Alexandria, Lombardy, 17 Jan., 1504 elected 7 Jan., 1566; died 1 May, 1572. Being of a poor though noble family his lot would have been to follow a trade, but he was taken in by the Dominicans of Voghera, where he received a good education and was trained in the way of solid and austere piety. He entered the order, was ordained in 1528, and taught theology and philosophy for sixteen years.

In the meantime he was master of novices and was on several occasions elected prior of different houses of his order in which he strove to develop the practice of the monastic virtues and spread the spirit of the holy founder. He himself was an example to all. He fasted, did penance, passed long hours of the night in meditation and prayer, traveled on foot without a cloak in deep silence, or only

speaking to his companions of the things of God. In their personal lives and in their actions as popes, Pius V and Paul VI (d. 1978) both led the family of God in the process of interiorizing and implementing the new birth called for by the Spirit in major Councils. With zeal and patience, Pius and Paul pursued the changes urged by the Council Fathers. Like Pius and Paul, we too are called to constant change of heart and life.



St. Pius V

Saint of the day; Tuesday: St. Joseph the Worker

On May 1, 1955, Pope Pius XII granted a public audience to the Catholic Association of Italian Workers, whose members had gathered in Saint Peter's Square to celebrate the tenth anniversary of their society. They were solemnly renewing, in common, their promise of loyalty to the social doctrine of the Church,

and it was on that day that the Pope instituted the liturgical feast of May 1st, in honor of Saint Joseph the Worker. He assured his audience and the working people of the world: "You have beside you a shepherd, a defender and a father" in Saint Joseph, the carpenter whom God in His providence chose to be the

virginal father of Jesus and the head of the Holy Family. He is silent but has excellent hearing, and his intercession is very powerful over the Heart of the Saviour.

"The spirit flows to you and to all men from the heart of the God-man, Savior of the world, but certainly, no worker was ever more completely and profoundly penetrated by it than the foster father of Jesus, who lived with Him in closest intimacy and community of family life and work. Thus, if you wish to be close to Christ, we again today repeat, 'Go to Joseph'"

Saint of the day; Wednesday: St. Athanasius

St. Athanasius, the great champion of the Faith was born at Alexandria, about the year 296, of Christian parents. Educated under the eye of Alexander, later Bishop of his native city, he made great progress in learning and virtue. In 313, Alexander succeeded Achillas in the Patriarchal See, and two years later St.

Athanasius went to the desert to spend some time in retreat with St. Anthony.

Athanasius led a tumultuous but dedicated life of service to the Church. He was the great champion of the faith against the widespread heresy of Arianism, the teaching by Arius that Jesus was not truly divine.

The vigor of his writings earned him the title of doctor of the Church.



Saint of the day; Thursday: Sts. Philip & James

St. James the Less, a brother of the Apostle Jude, was of Gana of Galilee. He is the author of one of the Catholic Epistles in the New Testament. He was favored by an appearance of the Risen Christ (1 Cor. 15:7). After the dispersion of the Apostles he was made Bishop of Jerusalem. He was visited by St. Paul (Gal. 1:19). He spoke after Peter at the meeting of the Apostles (Acts 15:13). When he refused to deny the Divinity of Christ, the Jews cast him down from the terrace

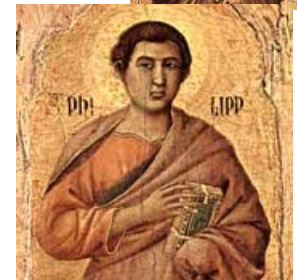
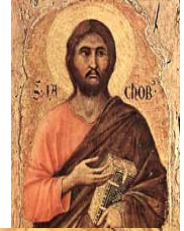
of the temple and clubbed him to death.

Patron: Apothecaries, druggists, dying people, fullers, hatmakers, hatters, milliners, pharmacists, Uruguay

Philip: Philip came from the same town as Peter and Andrew, Bethsaida in Galilee. Jesus called him directly, whereupon he sought out Nathanael and told him of the "one about whom Moses wrote" (John 1:45)

The Apostle Philip was one of Christ's first disciples, called soon after his Master's baptism in the Jordan. The fourth Gospel gives the following detail: "The next day Jesus was about to leave for Galilee, and He found Philip. And Jesus said to him: Follow Me.

Patron: Hatters; Luxembourg; pastry chefs; Uruguay.



Saint of the day; Friday: St Joseph Maria Rubio, S.J.

A Jesuit priest (1864-1929), known as the Apostle of Madrid. He worked with the poor bringing them the Spiritual Exercises and spiritual direction and he established local trade

schools.

Son of farmers and the oldest of thirteen brothers, fruit of the marriage of Francisco Rubio and Mercedes Peralta, he lived a traditional religious framework childhood in the town of Dalías, in Almería.

until he entered the seminary of Almería

Father Rubio was a famed confessor. The locals used to queue, having to wait for several hours, in order to be confessed by the Father Rubio.

Saint of the day; Saturday: St. Hilary of Arles

Forsaking riches, he entered the monastery at Lérins. He was made archbishop of Arles against his wishes. Hilary was only 29 when he was chosen bishop of Arles. As head of the church in Gaul, Hilary hastily deposed two bishops. They appealed to Pope Leo I, who thereupon

deprived the see of Arles of its metropolitan powers, declaring the sovereignty of Rome. Later, Leo referred to him as "Hilary of sacred memory."

It's been said that youth is wasted on the young. In some ways, that was true for today's saint.

Born in France in the early fifth century, Hilary came from an aristocratic family. In the course of his education he encountered his relative, Honoratus, who encouraged the young man to join him in the monastic life. .

St. Hilary of Arles



We are on the web
www.uyma.org
www.ugandayouthministryassociation.wordpress.com

Uganda Youth Ministry Association started in 2009 to empower young people to live as disciples of Jesus Christ in our world today.

Alongside many other activities, UYMA offers 3 programs namely:

1. **The Power Trip**
2. **Heritage Bowl**
3. **See Him.; CHM(Catholic Home Ministry)**

Your Sunday Visitor is a weekly Magazine and an initiative of Uganda Youth Ministry Association with a purpose of raising funds to support Home Sweet Orphanage. The Orphanage is a home for over 40 needy children. 50% of the funds from sales of this magazine goes directly towards the feeding of these children.

An Initiative of Uganda Youth Ministry Association

Go through the week with a life centered on the Lord Jesus Christ

Do you have a school, business or service that you wish to advertise in this weekly Magazine? Contact Steve

Phone: +256-782-047809

Email: sbeingana@uyma.org

Youth Ministry

Working with youth is a challenge. But it is also a blessing and a rewarding ministry. The youth are the future of the church and our faith. They are the next generation disciples and future evangelists who will tell the world of the One who came to redeem it!

Have you ever wanted to set up a Youth Ministry/ group in your parish or community, but didn't quite know how to get started? On this space we will take you through all

the steps you need to build a vigorous, purpose-driven Youth Ministry within a year's time.

Every week, you will find new articles showing you how to work with youngsters, gaining their trust and their loyalty. You will also find a series of activities that will allow you to teach the youth about God, Scripture and other spiritual matters in a fun and interesting manner.



To help the young people to focus on responding to the challenges of today's world in the power of the Holy Spirit